

PRAYER FOR HEALING OF ABUSE

Lord we acknowledge that we are fallen and very much in need of You. Everything that we believe about ourselves is marred by our experiences, and we acknowledge that we have made decisions to allow those experiences to shape what we believe about You, ourselves and others. The enemy has taken advantage of those decisions by luring abusive people to find us in order to continue the frustrating and hurtful cycle of use and abuse. We often get tired and discouraged, and lose the will to fight, opening the door to anger, self pity and a victim mindset. Without Your intervention Lord, we are helpless to change, but we acknowledge that You are far greater than any problem we face.

We ask You to blind the eyes of the enemy, hide us in Your holiness Lord, especially while we learn to walk in freedom. Wash us with Your Word and Your Presence. Remove the obstacles within us that prevent Your Spirit access to our hearts. We ask for a cleansing shower, and a renewing of hunger for worship and Your Word. Cause darkness to flee the Light of Your Presence, making room for renewal of our minds, our hearts and our behavior. Let every scattered or hidden part of us say yes to You Lord, and we trust Your hand to lead us into truth and total rebirth. We thank You in advance for the new creation we are to become. Protect the work of that new creation from further marring or abuse. We trust You to be our shield and strong tower.

We acknowledge that we need to forgive our abusers. Even if our feelings fail to supply us compassion to do this, we ask for Your strength, and we do this in obedience to Your Word and Your will. We acknowledge if we fail to forgive, we will remain tied to our abusers, and because we have judged, we will bring upon ourselves judgment. Help us to obey and keep Your Word.

For every person who has abused us either verbally, emotionally, physically or sexually, we grant to them our forgiveness now, in Jesus' name.